

# Girl Scouts of Central & Southern New Jersey

## COVID-19 Employee and Camper Health & Safety Protocols For Fall 2020 Outdoor Programs

**Protocol:** Each camp will have a designated area for health screening. Cars are to arrive at the start of the day at the designated health screening area. Council staff will [record participants](#) (both girls and adults) temperatures and ask questions about any symptoms that could indicate they have been exposed to COVID-19. Participants will also be asked if they have traveled outside the state of NJ in the last two weeks. If any participants answer in the affirmative, council staff will check if the state is on the [NJ COVID Travel Advisory List](#). If participants have been to any of these locations in the past two weeks, they will not be permitted to stay at camp. Participants or staff who have a family member in the household with a fever are not permitted. Council staff must be wearing a facemask to administer the daily Health Screening.

Symptoms related to COVID-19 include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

### Girls or staff members who develop symptoms of COVID-19 while at camp

Staff members or participants will be isolated and removed if they develop symptoms related to COVID-19. GSCSNJ will follow current Communicable Disease Service guidance for [illness reporting](#).

- If a child or staff member develops symptoms of COVID-19 while at the facility (e.g., fever of 100.4 or higher, cough, shortness of breath), the person will be immediately separated into a designated isolation room in the infirmary or Nurse's office. Parents/ Guardians will be notified for immediate pickup. Staff member will be sent home; their emergency contact will be notified if the employee is not able to drive.

- The Nurse/staff member waiting with the child/staff member will follow safe distancing and use PPE protocol until the child is picked up at the main gate or staff member departs the premises.
- The sick person or guardian will be advised to contact their health care provider for further guidance. We will ask the parent or employee to notify us if there is a positive test for COVID-19.

## Procedures if there is a positive case of COVID-19 at Camp

Should we become aware of a COVID-19 positive case at our camp, we will contact our local health department for guidance, up to and including:

- Health officials will provide direction on whether a center should cease operations following the identification of a positive case in the facility. The duration may be dependent on staffing levels, outbreak levels in the community, and severity of illness in the infected individual. Symptom-free children and staff should not attend or work at another camp during any closure.
- All rooms and equipment used by the infected person will be cleaned and disinfected in accordance with CDC guidance. If we are uncertain about the extent of potential exposure, we shall close operations for 24 hours and clean and sanitize all rooms and equipment.
- We will notify other individuals who came into contact with the infected individual, according to health department guidance/policy.

## Cleaning and Disinfecting after a Suspected or Confirmed COVID-19 Case

The CDC provides additional guidance on the cleaning and disinfection of rooms or areas that those with suspected or confirmed COVID-19 have visited. We will follow all procedures outlined by the CDC [Centers for Disease Control and Prevention's Coronavirus Disease 2019 Environmental Cleaning and Disinfection Recommendations](#).

## Routine Camp Facility Cleaning Protocols

A cleaning checklist will be posted in all community spaces at camp. These cleaning checklists will detail what needs to be cleaned in each area and provide spaces to document who cleaned and at what time the cleaning was completed.

During staff training, council camp staff will be trained on proper cleaning procedures. Program Instructors are responsible for cleaning and disinfecting their activity area in between groups

and at the end of the day. Deeper cleanings will be done and documented by the facilities' department.

Weekend activity schedules have been modified to allow time for sanitization of program areas in between groups.

Based on guidelines from ACA, CDC, and Environmental Health & Engineering, Inc. (EH&E), the following is a list of health items that will be available for cleaning and sanitizing:

- Hand soap
- [EPA approved cleaners](#)
- Hand sanitizer supplies and stations - 0.5 fl. oz. per camper and staff member per day
- Surface cleaning and disinfectant wipes
- Paper towels - approximately 50% more than a typical camp season
- Cleaning spray bottles to contain a mixture of U.S. Environmental Protection Agency (EPA) approved cleaner. 1-3 bottles per building.

## Social Distancing Guidelines

The Girl Scouts of Central and Southern New Jersey will maintain small group sizes, limit the mixing of groups, and restrict large gatherings at camps. Limiting mixing of groups will be combined with a public health approach of establishing and maintaining “concentric group circles” for infection prevention and control, along with strategic use of face coverings, using outdoor spaces as much as possible, and developmentally appropriate social distancing.

### Camper Groups

Troops and Service Units will be in groups or units no larger than 20 participants . Groups of participants will remain unchanged day to day and not allowed to intermingle between assigned groups.

Staff and participants shall, at minimum, wear cloth face coverings when social distancing of 6 feet between individuals and/or assigned groups cannot be maintained, except where doing so would inhibit that individual's health. Additionally, staff and participants are encouraged to wear cloth face coverings unless (1) doing so would inhibit the individual's health, (2) the individual is in extreme heat outdoors, or (3) the individual is in the water.

All activities and program areas will be set up in a way to encourage social distancing. Tables will be spread out with indicators as to where to sit

Any group coming to our campers will be given literature to ensure their groups practice proper hand hygiene, such as washing hands with soap and water for 20 seconds before and

after activities or using alcohol-based hand sanitizer containing at least 60% alcohol before and after activities when soap and water are not available.

## Visual Education for Health Safety

Relevant posters and signage from the CDC, WHO, and other health agencies will be displayed in appropriate areas to encourage behaviors that mitigate the spread of disease:

- [COVID-19 information](#) (staff only)
- [Handwashing](#) (camp-wide)
- [Cough etiquette](#) (camp-wide)
- [Symptoms associated with COVID-19](#) (staff only)
- [Stop the spread of germs](#) (camp-wide)
- [Physical distancing](#) (camp-wide)
- [Posters tailored to Children and Teens](#) (camp-wide)

## Personal Protective Equipment (PPE)

Staff and participants shall, at minimum, wear cloth face coverings when social distancing of 6 feet between individuals and/or assigned groups cannot be maintained, except where doing so would inhibit that individual's health. Additionally, staff and participants are encouraged to wear cloth face coverings unless (1) doing so would inhibit the individual's health, (2) the individual is in extreme heat outdoors, or (3) the individual is in the water.

### When should Camp Staff Wear PPE

Personal Protective Equipment will vary based on staff job tasks, their ability to maintain appropriate physical distancing, and their potential for contact with confirmed suspected COVID-19 cases. GSCSNJ will supply staff with such cloth face coverings and gloves.

N95 Respirators and eye protection or face shields shall be worn when staff anticipates contact with or close proximity to confirmed or suspected COVID-19 cases or when cleaning and disinfecting areas known or suspected to have been in contact with confirmed or suspected COVID-19 cases.

Face masks, while not technically PPE, should be worn by staff whenever interacting with others closer than six feet. Facilities staff should always wear face masks when cleaning and disinfecting. Summer camp staff should wear cloth masks when interacting with outside vendors, parents, or outside community members.

Common situations in which council staff members must wear masks:

- Anytime indoors
- Snack distribution

- Administering first aid
- Harnessing and other high ropes safety checks
- Correcting form in Archery
- Top of ziplines
- Administering daily health screening
- Check in and out
- When on buses

This is not an exhaustive list. All staff will be required to wear a mask when unable to be 6 feet apart from another person.

Disposable gloves should be worn by staff when anticipating contact with confirmed or suspected COVID-19 cases or when handling belongings known to have been in contact with confirmed or suspected cases. Staff should wear gloves when handling any incoming belongings or equipment prior to disinfecting. Council staff should always wear disposable gloves when cleaning and disinfecting.

## When should Participants wear PPE

Face coverings are encouraged to be worn by participants and are most essential in times when physical distancing is difficult to maintain. It is understood that face coverings may be challenging to participants (especially younger participants ) to wear in all-day settings such as camp.

As participants approach a program area, bathroom, or handwashing station, they should be wearing a face mask. Once in the assigned program area and proper social distancing can be ensured, participants may remove their masks.

All participants must provide their own cloth face-covering each day at camp. Participants shall, at minimum, wear cloth face coverings when social distancing of 6 feet between individuals and/or assigned groups cannot be maintained, except where doing so would inhibit that individual's health. Additionally, staff and participants are encouraged to wear cloth face coverings unless (1) doing so would inhibit the individual's health, (2) the individual is in extreme heat outdoors, or (3) the individual is in the water.

## Facility Staff and PPE Requirements

Always refer to the Safety Data Sheet (SDS) of the product or products being used to obtain PPE requirements. Eye protection, disposable gloves, masks, and aprons are worn for all tasks in the cleaning process, including handling trash. When finished, all cleaning staff must remove aprons first, being careful not to contaminate the surrounding area. Next, gloves are to be removed by grasping from the inside and peeling inside out. Masks will be removed by each ear loop being removed one at a time and, if disposable, thrown away. If not, stored until it can be cleaned at the end of the day. A reusable mask that is used for cleaning must not be used

during the day for a face covering. Hands must be thoroughly washed for at least 20 seconds using soap and water. If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains 60%-95% alcohol may be used. However, if hands are visibly dirty, always wash hands with soap and water.

## Communication to our Outdoor Program Participants

### Prior to Program

GSCSNJ will communicate and educate staff, parents, and participants in COVID-19 safety measures, including:

- Staying home when ill
  - Proper hand hygiene and respiratory etiquette
  - Wearing face coverings
  - Avoiding touching your face as much as possible
  - Reporting illnesses and symptoms to the camp Health Director or other healthcare personnel at the camp immediately.
  - Inform parents/legal guardians about the precautions and procedures the camp has implemented/will implement to minimize the risk of COVID-19 exposure.
- We will be providing information on our website, Facebook, and emails
  - Communicate the importance of keeping participants home if they show any symptoms
  - Communicate the importance of letting Council know if they camper has a confirmed case of COVID-19 at any point 2 week after their visit to camp.

### In the event of a Potential Exposure

- Immediately inform parents/legal guardians about any potential contact their children may have had with confirmed cases.
- Immediately inform parents/legal guardians if their child(ren) are experiencing any symptoms
- The camp health director shall contact their Local Health Department and Youth Camp Safety Project for guidance.
- Refer to the [New Jersey Department of Health Camp Outbreak Guidelines](#)

## Staff Training

Any staff who did not attend summer camp staff training will participate in a mandatory Fall staff training about the new COVID Guidelines. [Staff training will include tactics](#) on how to ensure participants and staff practice proper hand hygiene, such as washing hands with soap and

water for 20 seconds before and after activities or using alcohol-based hand sanitizer containing at least 60% alcohol before and after activities when soap and water are not available..

## Activities

We will also be limiting the number of shared supplies and equipment for activities by providing each participant their own (e.g., life jackets, art supplies) for the duration of camp, where feasible. Items will be disinfected at the end of the week. If an item that is not intended to be shared, is touched by another camper or staff member, it will be immediately sanitized and the camper or staff member will wash their hands or use hand sanitizer.

We have changed our schedule to add sufficient time for proper sanitization between groups

Activity	Risk	Precautions
Hiking	Low	Social distancing will be maintained for all hikes. participants and staff will be required to wash their hands before and after each hike.
Camping Crafts	Low	Social distancing will be maintained for all fire building activities. Teaching girls Leave No Trace fire techniques will allow each girl to safely build individual fires while keeping our program quality high.  Knives and knot boards will not be shared between participants . We will limit the number of shared items by providing each person in a camper unit their own equipment. Knives and knot boards will be sanitized after each use by camp staff.  participants and staff will be required to wash their hands before and after any camp craft activities.
Target Sports - Archery & Slingshots	Low-Medium	Handwashing stations are installed near the program areas. participants and staff will be required to wash their hands before and after they participate in any Target Sports.  Target Sports are already a socially distant activity. We will ensure all quivers are 6 feet apart. We will limit the number of shared items by providing each

		<p>person in a camper unit their own bow, wrist guard, arrows, slingshot, and paintballs. The equipment will be sanitized in between each camper unit.</p> <p>While waiting for their turn to shoot, girls will be required to distance themselves in the waiting area. Tables will be spread out, and girls will be assigned to a seat with a seated activity while waiting.</p> <p>The Adventure Specialist will wear a face mask while giving instructions in close proximity, such as correcting posture and shooting form.</p>
Zipline/Rockwall	Medium	<p>Handwashing or hand sanitizing stations are installed near the program areas. participants and staff are required to wash their hands before and after they participate in both the Rockwall and ziplines.</p> <p>Carabiners, trollies, ladders, helmets, harnesses and other non-porous high adventure equipment that is shared will be sanitized in between uses. Harnesses will be sanitized at the end of each day.</p> <p>Staff will be required to wear a mask while completing safety checks on the camper's equipment, attaching participants to the belay systems, launching girls from the platforms/towers, and removing them from the belay.</p>
Boating & Paddleboards	Medium	<p>Participants and staff are required to wash their hands before and after they participate in boating or paddleboards</p> <p>Lifeguarding staff will sanitize community surfaces in between each camper group.</p> <p>Share supplies, like boats, lifejackets, and paddles, will be sanitized between user groups.</p> <p>Paddleboats and row boats will only be used for single riders this summer.</p> <p>We will limit the number of girls in canoe to 2 girls to ensure social distancing.</p>



Flag, Morning Meetings, Closing Campfire & Other Ceremonies	Medium	Staff and participants will be required to social distance at all gatherings. Marking on the ground, or other social distancing strategies will help keep the girls an appropriate distance apart.
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