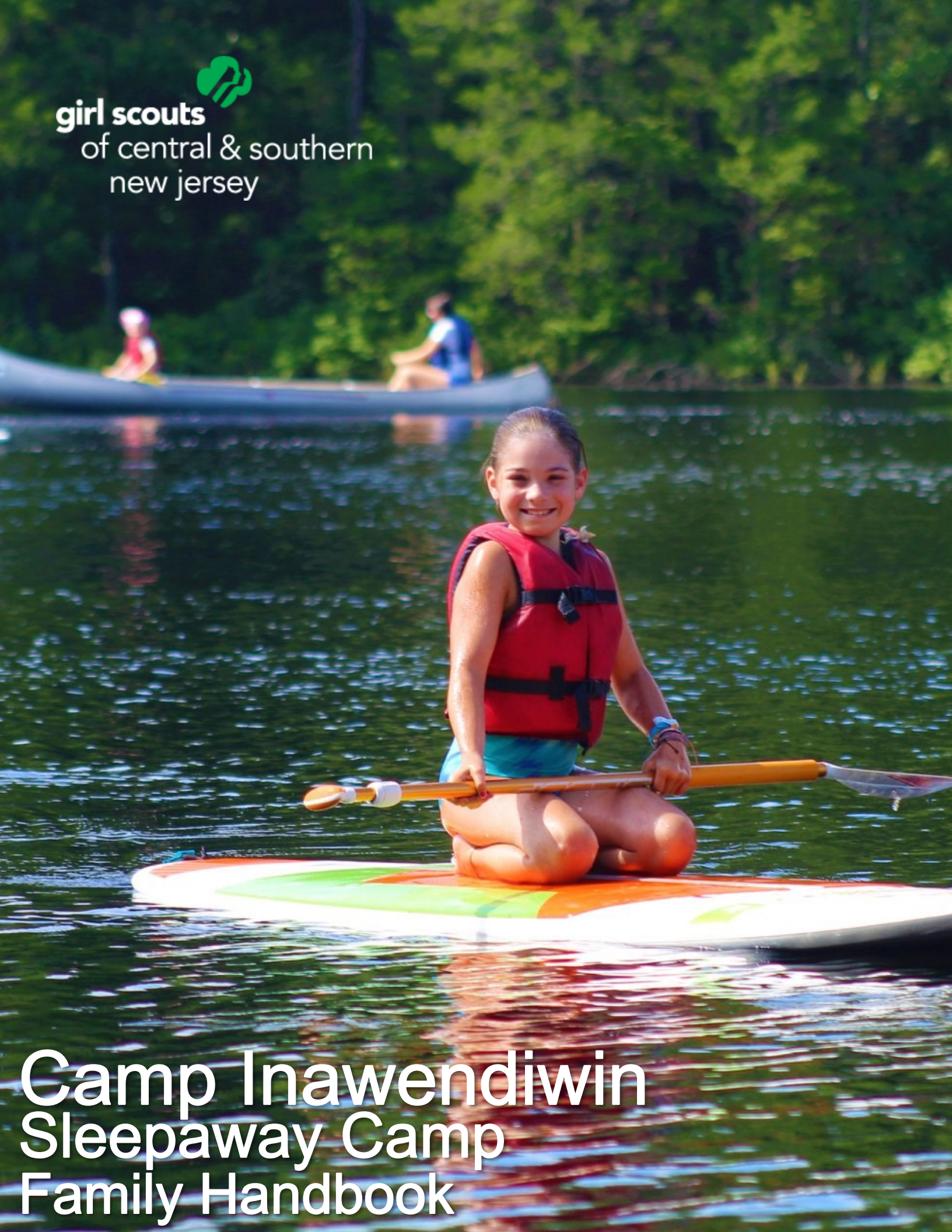
girl scouts
of central & southern
new jersey



Camp Inawendiwin
Sleepaway Camp
Family Handbook

Dear Families,

We are so excited that you have chosen Camp Inawendiwin as your campers' destination for this summer. My name is Jaci, but at camp everyone knows me as Luna! This is my second summer directing the camp program at Inawendiwin.

Camp has always been an important part of my life and shaped the person I am today. For me, camp is a place to learn new skills, discover yourself and the outdoors, and forge lifelong friendships. Our camp is about that sense of empowerment you get from building a fire from scratch or taking that extra step when you didn't think you could go any further. It's about proudly sharing the things that make you unique.

My staff and I are excited to become a part of your camper's journey. We are investing our summer to make an impact on your camper. This summer is going to be one to remember, and we are here to make sure that it is a safe and exciting experience. Camp Inawendiwin is just the beginning of a journey of growth and self-discovery!

Please feel free to reach out to me at any time with questions or concerns. I look forward to meeting you.

Yours in Girl Scouting, "Luna"

General Camp Information

Jaci "Luna" Moseley, Director
856-795-1560 ext. 221
jmoseley@gscsnj.org
Beth Clemson, Camp Business Mgr
bclemson@gscsnj.org

856-795-1560
8AM-7PM Mon-Thurs
8AM-5PM Friday
9AM-1PM Saturday
customercare@gscsnj.org

Registration/Payment Questions

Camp Inawendiwin – Our Goals

Girl Scouts of Central & Southern New Jersey (GSCSNJ) Summer Camps provide girls with both a sense of adventure and the chance for personal growth. Camp gives your girl the opportunity to meet people of different backgrounds in a safe environment, free of judgments and expectations of the outside world.

We encourage girl participation, personal achievement, and skill improvement so every girl feels comfortable and successful. In a community without electronic devices, campers and leaders focus on interacting with one another. Our highly trained staff are dedicated to making sure that your child has a personalized experience while she develops skills she can use for the rest of her life. Camp teaches girls to take responsibility and to step up, and it helps to show the importance of meaningful relationships. It is where they can truly be themselves and accepted for who they are.

Our goals, based on the Girl Scout Leadership Experience (GSLE), help girls discover their talents and strengths, connect with others, and take action in their communities.

Girl Scouting builds girls of courage, confidence and character who make the world a better place.

At Camp Inawendiwin , we try our best to live every day by the Girl Scout Promise & Law. It is an important part of our Girl Scout Culture at Camp Inawendiwin .

Girl Scout Promise
On my honor, I will try:
To serve God and my country,
To help people at all times,
and to live by the Girl Scout Law.

Girl Scout Law
I will do my best to be
honest and fair, friendly and helpful,
considerate and caring, courageous and strong, and be responsible for what I say and do,
And to respect myself and others,
respect authority, use resources wisely,
make the world a better place,
and be a sister to every Girl Scout.

Unleash the power of G.I.R.L. at Camp Inawendiwin

She dives right in, picking up the first bow, climbing to the top of the rock wall or stepping up to help her friends.

She thinks outside the box and looks for creative solutions to challenges, finding games to play while a storm passes or a creative new way to do cookout!

She is courageous and strong and keen to step outside her comfort zone and bring friends with her all throughout camp.

She is confident, responsible, and committed to changing camp and the world. She shows younger girls how cool camp is and that trying something new can lead to even more fun!

General Information & Dress Code

At Camp Inawendiwin, we always do our best to follow the Girl Scout Promise and Law. It's an important part of our camp culture, and as Girl Scouts we always try to be kind to ourselves and to others. Everywhere we travel in camp, we are using the buddy system which helps us all feel connected as we share the responsibility of keeping the camp safe and clean.

Camp Inawendiwin is a community **free of electronic devices**—when girls and adults can disconnect with electronics, they can better connect with nature and each other. Electronic devices (phones, iPods, personal video games, etc.) are not to be used or visible for any reason at camp. Phones can be kept safe for you locked in the office, if you choose.

Summer Camp is an excellent opportunity for girls to live and work together. Bullying, teasing, and inappropriate behavior will not be accepted at Camp Inawendiwin. GSCSNJ reserves the right to send any camper home who willfully disobeys camp or bus rules, or whose behavior towards others is unacceptable.

Camp Inawendiwin Dress Code

- Comfy clothes that can get dirty
- Breathable shirt or tank top
- Skirts are fine, but please wear shorts underneath
- Sturdy shoes or sneakers with socks—no open shoes, sandals, flip-flops, crocs or clogs
- Bandana or hat are recommended
- Weather options—poncho in case of rain or a sweatshirt for cool mornings

Horseback Riding Program Attire

- Long pants
- Boots or shoes with a heel (to prevents the rider's foot from slipping through stirrups)
- Campers can change into general camp attire upon their return from the stables.

All campers & staff sign our Code of Conduct. This is modeled on the Girl Scout Law. The Code of Conduct is found on page 11 of this packet. Please print it, have your camper sign it & bring it to camp on their first day.

Typical Daily Schedule

7:30—8:30	Wake Up
8:30—9:00	Breakfast
9:15	Opening Flag Ceremony
9:30-12:15	Camp Activities
12:30-1:00	Lunch
1:00-2:00	Rest Hour
2:00– 5:00	Camp Activities
5:15	Closing Flag Ceremony
5:30-6:00	Dinner
6:00-9:00	Unit Time & Evening Activities
9:30	Lights Out & Question of the Day

Typical Weekly Schedule

Sunday	Swim Test
Monday	Activities all around camp Wear your camp shirt! Photo Day
Tuesday	Tie-Dye Tuesday
Wednesday	Wacky Wednesday
Thursday	Day Camp Overnights Cookout
Friday	Closing Campfire Ceremony

What is Tie-Dye Tuesday, Wacky Wednesday, and Tiara Thursday?

On Tie-Dye Tuesday wear your favorite tie-dye attire! Wacky Wednesday can be a silly hat, mismatched clothes, or anything you want! For Wacky Wednesday, shorts cannot be worn backwards, and matching shoes should be worn, but be as creative and wacky as you want otherwise. Participation is not required but is a lot of fun.

Swim Test

Swim tests are on Sunday evenings. This test allows our lifeguards to get to know the campers and their abilities to better help them.

Cookouts

Once per week, our campers will get to cook their own meal over a campfire that they have built themselves.

Helping your girl pack

By helping your camper pack the correct items, you're setting them up for success at camp. Campers will travel around camp with their backpacks for most of the day, so comfort and practicality are important when it comes to choosing a backpack.

To reduce the amount of items that end up in the Lost & Found, please make sure that everything, from backpacks to water bottles, comes to camp labeled with your camper's first and last name.

A few key items to pack in your campers backpack are:

- Sunscreen & insect repellant
- Bandana or a hat
- Extra hair tie for long hair
- A "just in case" extra change of clothes in a waterproof bag
- Towel and flip flops for swim time
- Rain poncho or jacket
- Reusable water bottle
- Lunch
- Two Masks—cloth masks that fit well are recommended

Food Accommodations

At Camp Inawendiwin, we value Healthy Living, which is one of the key components of Girl Scouting. Eating healthy ensures that our campers are able to be aware and energized during their time at camp. Our kitchen staff will provide snacks each day to help our campers stay focused and ready to take on whatever challenges may arise. We provide drinkable water at multiple pump locations throughout camp and in water coolers at activity locations, so be sure to send your camper with a refillable water bottle with her name on it.

In order for our kitchen staff to be prepared to serve your child's dietary needs accurately, please make sure that any allergies or food restrictions are listed clearly in CampDoc. Safety is a top priority for our staff, so our Health Supervisor and Kitchen Manager are always checking to make sure we are providing every camper with the appropriate food. If you would like to discuss your campers' dietary needs you can call the Camp Director at any time. Each meal has several options, including a hot meal option, salad or cereal bar, and vegetarian option. We are happy to accommodate any dietary restriction. If you would like to discuss your campers' dietary needs you can call the Camp Director at any time.

One of the most important parts of Summer Camp is trying new activities, and cookout is a great way for your camper to try something for the first time. As Girl Scouts, we love to use our resources wisely. One great way to do that is to make sure your camper has a reusable mess kit (plastic plate, bowl, & cutlery in a mesh bag) for cook-out times. .

Sleepaway Camp Packing List

Lost and Found

Don't forget to check Lost and Found in the camp office (Admin).

Items not claimed at the end of summer will be sent to the Cherry Hill Office. Unclaimed items are donated on **September 15th**.

Please use this packing list to help your camper pack. She should be involved in packing. You won't be there to help her pack at camp.

Showers

There will be designated times for girls to shower during the day without missing any fun camp activities.

Bed-wetting

If your camper has a tendency to wet her bed, please note it on her medical forms. Accidents are handled discreetly, so her camping experience can be a pleasant one. Send her with two sets of sheets and blankets so any issues can be settled quickly and you camper does not lose sleep .

Things to Leave at Home

- Electronics
- Cell Phones
- Money
- Jewelry
- Food
- Valuables

Anything you would be sad to see lost or damaged should stay at home! GSCSNJ and Camp Inawendiwin are not responsible for lost, stolen or damaged items.

Packing List—what you should bring	Packed for camp	Packed for home
Sleeping bag and pillow and/or Twin sheets, light weight blanket and pillow		
Mosquito net (available at Juliette's Closet)		
Snuggle Friend (Optional)		
Laundry bag for dirty clothes		
PJs (summer and mild weight)		
1 sweatshirt & 1 pair of sweatpants/ jeans		
Enough underwear and socks, shirts, shorts for each day—plus a few extra		
2 pairs of sneakers		
Old sneakers or aqua shoes (for showers)		
Hat or cap		
Rain gear: poncho or rain coat Umbrellas are **not** permitted		
2 bathing suits and 3 large towels (Old ones. For swimming and showers)		
Water Bottle—**required. Reusable bottles only**.)		
Insect repellent (lotion or cream, **no aerosols**)		
Sun screen (lotion or cream, **no aerosols**)		
Flashlight (and extra batteries)		
Soap or shower gel & Shampoo/Conditioner		
Toothpaste and toothbrush		
Brush and comb		
Deodorant		
For at night: journal or diary or book		
Face masks (recommended 2 per day)		
Reusable Mess Kit		
Horseback Riding campers: long pants and heeled shoes or boots (required)		
Extra changes of clothes for after horse camp		

Health Procedures

CampDoc.com is an electronic health record system that helps us consolidate camper health information into a centralized and secure location. This system will give our Health Supervisor instant access to camper health information, a key component in providing patient care.

The security, confidentiality and privacy of your camper's personal health information is always protected. Only the Health Supervisor and Camp Director have access to these files. The CampDoc.com site is secure, encrypted, and password protected.

As summer approaches, you will receive a "Welcome E-mail" from CampDoc.com with information about how to complete your camper's health information.

- Click the link in the Welcome email to set a password for your account or log in with your account information from previous years.
- Follow the instructions, and complete the health history for your camper.
- Upload any required documents to your CampDoc.com account. [Contact Beth Clemson at bclemson@gscsnj.org if you have trouble uploading.]
- Return to CampDoc.com at any time to make changes / updates to your daughter's profile.

Please set register@campdoc.com as a "safe sender," to avoid accidental delivery of emails from CampDoc.com to junk and spam folders.

All **medications,** either prescription or over-the-counter, must be given to the Health Supervisor upon arrival to camp. Please be sure that the medication is in the original container labeled with the camper's name, dosage and instructions.

Prescription medications require written authorization from the child's parent/guardian or directing physician to be administered by our Health Supervisor. Administration of non-prescription medication shall require written authorization from the child's parent/guardian or follow the camp's Standing Orders from the consulting Physician. Inhalers and Epi-pens will remain with the camper during their time at camp. A secondary inhaler or epi-pen may be stored in the Health Supervisor's office upon request.

If your child isn't feeling well at home, please do not send her to camp.

If your child becomes ill or is hurt at camp, you will be notified & our Health Supervisor will seek appropriate medical attention. **Emergency numbers listed in CampDoc will be used to contact someone in the case of illness.**

If illness occurs during or immediately preceding camp, the following conditions must be met BEFORE your child can return to any camp session. These include, but are not limited to:

- Diarrhea—none for 24 hours.
- Lice-nit free
- Strep infection -on medication at least 24 hours
- Conjunctivitis-to be determined by family physician
- Fever above 100° F –no fever for 24 hours
- Chicken pox -all open pox are scabbed

To ensure your child is permitted to attend camp, please make sure your CampDoc files are complete, including physician information and immunization records.

Bus Information

We provide bus transportation with centralized stops throughout Burlington and Camden counties for your convenience. A Camp Inawendiwin Staff member or volunteer will be present on each bus at all times. Some stops have changed from last year, so please review the information below thoroughly.

As traffic patterns are unpredictable, please allow 15-minute leeway for buses. It is strongly recommended you arrive at least 15 prior to morning pick up. In the afternoon, if a parent or approved pick-up person is not in attendance, buses will wait 10 minutes before moving onto the next stop. No child will be left unsupervised.

Anyone who is picking up a camper must present an ID that matches our list of approved pick-up people. This list will be pulled directly from the emergency contacts in CampDoc. If you need to change or adjust your list of approved pick-up people at any time, please contact Jaci, Camp Inawendiwin Director, at jmoseley@gscsnj.org.

Bus #	Stop Location	Pick Up	Drop Off
5-1	Hope Community Charter School, Camden	7:30 AM	6:15 PM
5-2	Cherry Hill Service Center	8:00 AM	5:45 PM
5-3	Medford Plaza Shops, Medford	8:30 AM	5:15 PM
6-1	CVS Pharmacy, Mt Laurel	8:00 AM	5:30 PM
6-2	Bordentown Library, Bordentown	7:30 AM	6:00 PM
6-3	Trenton Free Public Library, Trenton	7:15 AM	6:15 PM

Routes may have to be adjusted based on registration, which stays open until the week prior. This causes some last minute adjustments to be made, but you will be notified accordingly. Actual pick up and drop off times will be sent one week prior to camp.
If you have any questions about busing, please reach out to Jaci, Camp inawendiwin Director, at jmoseley@gscsnj.org

Check-In and Check-Out

Sunday Check-In

Cars may start entering the property to check in on Sunday from **3pm until 4:30pm.** Check-in will take place in the Vandy Dining Hall. When arriving, cars should come in through the main entrance and turn left to proceed to the Vandy parking lot.

Saturday Check-Out

Check out will take place in the Vandy Dining Hall on **Saturday from 10-11am**.

Brownie Mini Camp Check-Out

Check out for Brownie Mini Camp will take place in the Vandy Dining Hall on Wednesday from **6-7pm.**

Anyone signing out a camper must present proper identification.

girl scouts of central & southern new jersey

Code of Conduct

The Girl Scouts of Central & Southern NJ, Inc. is dedicated to fulfilling our mission of building girls of courage, confidence and character who make the world a better place. Through Girl Scouts, girls discover themselves, their values, connect with others and take action to make the world a better place.

Our camp philosophy ensures that every girl has the opportunity to enjoy a happy and healthy summer while developing new interests, acquiring new skills, developing a strong sense of self, and developing critical thinking skills.

Camp life is an excellent opportunity for girls to live and work together –proper behavior is always required.

The summer camp staff will use a positive a approach to discipline and will seek parental support to resolve behavior issues and to encourage positive behavior. GSCSNJ reserves the right to send any girl home from camp who willfully continues to disobey camp rules or whose behavior towards others is unacceptable.

Please review the Code of Conduct with your child so that she understands our expectations. Once reviewed, complete the bottom portion of this page, print this page out, and have your camper bring it with them on their first day of Summer Camp,

As a camper or staff member, I will:

- Respect to others, and treat them as well as I would like to be treated.
- Cooperate with the staff and follow their instructions.
- Know and follow the rules of camp, which includes no alcohol, personal sports equipment, illegal drugs, animals or weapons being brought into camp.
- Respect the rights and beliefs of others, and treat others with courtesy and consideration.
- Communicate in an appropriate manner, which means I must not use foul language or gestures, harsh words or tone of voice. I understand this will not be tolerated.
- Conduct myself responsibly. I understand that unwelcome teasing or other unkind behaviors are not allowed and will not be tolerated.
- Refrain from deliberately causing bodily harm to others. I understand that pushing, kicking, hitting or fighting are not acceptable and will not be tolerated.
- Use program equipment, supplies, the environment and facilities properly.
- Respect the property of others.
- Be fully responsible for my actions.
- Stay safe while having fun.

I agree to follow the Code of Conduct and understand these rules are for my safety and well-being.

_____

Camper's Printed Name & Signature Date

I have reviewed these rules with my child.

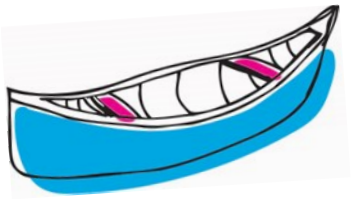
_____

Parent/Guardian Printed Name & Signature Date

Transportation to Camp with a Non-Related Adult

Any family wishing to have their child transported to and from camp by an adult not directly related to that child, must submit this request in writing. Please provide all information requested below and return this page either via mail, email, or by having your camper bring it with them on the first day of camp.

Mail: GSCSNJ
Attn: Inawendiwin Day Camp Transportation
40 Brace Road
Cherry Hill, NJ 08034



Email: jmoseley@gscsnj.org

By signing below, the parent/guardian(s) recognize that they are releasing their child into the adult supervision of the adult listed before and after specified camp hours.

Camper's Name:_____

Parent/Guardian Name:_____

Parent/Guardian Signature:_____

Please select which weeks your camper has permission to be transported with this non-related adult:

Week 2 (July 6-10) _____ Week 3 (July 13-17) _____

Week 4 (July 20-24) _____ Week 5 (July 27-July 31) _____

Non-Related Adult's Name:_____

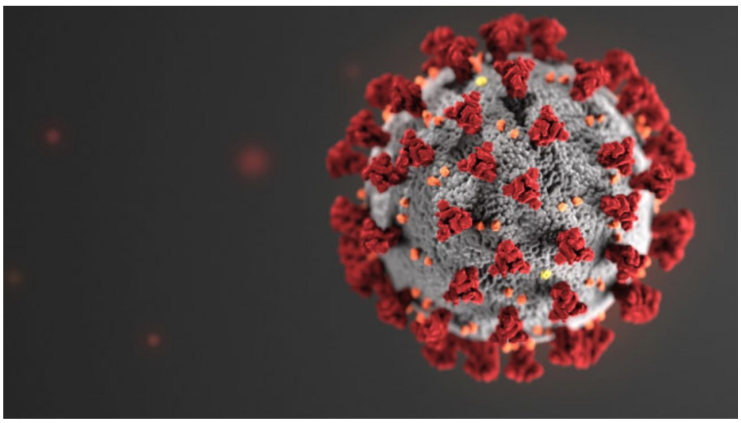
Non-Related Adult's Telephone # : _____

I, _____, agree to transport the camper named above.

_____

Non-Related Adult's Signature Date

COVID-19 Guidelines



The health and safety of our campers is always our first priority. In-Person GSCSNJ Day Camps have extensive health and safety procedures and staff training in place every year. This summer, in light of COVID-19, the GSCSNJ Camp team has updated these procedures extensively, informed by current recommendations of the NJ State Health Department, American Camp Association (ACA), and the considerations of the Centers for Disease Control (CDC).

Mask and Face Coverings

Face coverings are encouraged to be worn by campers and are most essential in times when physical distancing is difficult to maintain. It is understood that face coverings may be challenging to campers (especially younger campers) to wear in all-day settings such as camp. Campers shall, at a minimum, wear a mask when social distancing of 6 feet between assigned groups cannot be maintained.

Additionally, campers are encouraged to wear cloth face coverings unless (1) doing so would inhibit the individual's health, (2) the individual is in extreme heat outdoors, or (3) the individual is in the water.

All campers must bring TWO (2) cloth face-covering each day to camp.

Covid-19 Testing

Campers attending Sleepaway Camp will need to provide either proof of vaccination (if applicable) or a negative lab-analyzed PCR or rapid test that was taken no longer than 72 hours prior to arrival. If a camper arrives without a negative COVID test or proof of vaccination, they will be sent home. Campers can return to camp once they have received their written results or vaccination record.

The earliest campers can take their PCR or rapid test is Thursday prior to their camp week at 5:00 pm for a Sunday arrival.

All unvaccinated campers will be required to take a documented test within 3-6 days of arrival at camp. This applies to any camper staying three nights or more. The Health Supervisor will administer the PCR tests on Thursday to all applicable campers and staff.

For the full guidelines, please visit our website: www.campforgirls.org

Questions?

Please don't hesitate to ask! We love questions.

You can reach Jaci "Luna", the Camp Director,
by phone:

856-795-1560 ext. 221

by email:

jmoseley@gscsnj.org

or even by texting her email!