Girl Scouts of Central & Southern NJ

Juliette Resource Guide
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As a Girl Scout you become a go-getter, innovator, risk-taker, and leader (G.I.R.L.) who makes the world a better place through community service projects, leadership development, and public advocacy. Continuing the legacy of our founder, Juliette Gordon Low, Girl Scouts of Central & Southern NJ prepares a girl to meet their world with courage, confidence, and character.

Our council welcomes a girl into the Girl Scout sisterhood. We are preparing future female leaders through our four content pillars: STEM (Science, Tech, Engineering, and Math), Outdoor Experiences, Life Skills, and Entrepreneurship.

Girl Scouts continues to be the preeminent leadership development organization where a girl learns and thrives in a safe and supportive all-girl setting.

Three Keys to Leadership:

We are a girl-led, all girl organization focused on three core “keys” to leadership: Discover, Connect, and Take Action.

DISCOVER:
Develop a strong sense of self, positive values, practical life skills, critical thinking and seek challenges in the world.

CONNECT:
Develop healthy relationships, promote cooperation and team building, resolve conflicts, advance diversity in a multicultural world and feel connected to your community.

TAKE ACTION:
Identify community needs, be a resourceful problem solver, advocate for yourself and others, locally and globally, educate and inspire others to act and feel empowered to make a difference in the world.

DISCOVER + CONNECT + TAKE ACTION = LEADERSHIP
Girl Scouting is custom-made for a girl choosing to be a Juliette! It’s a great way to mix and match a girl’s unique interests with Girl Scout participation – special events, weekend workshops, leadership projects or travel opportunities that improve a girl’s skills and meet her interests and needs.

Juliettes are busy, independent, self-confident girls and young women who want to be a part of something larger – Girl Scouts! Meeting in troops is one way to be a part of the Girl Scout experience, but when there aren’t available troops in an area, or a girl’s troop no longer meets, or a girl becomes too busy with extracurricular activities or sports, becoming a Juliette will allow girls to continue their Girl Scout experience on an individual basis.

As a Girl Scout Juliette, girls can participate in everything that is open to their grade level. Girls can attend council-sponsored programs such as events, series opportunities, year-round camp experiences and travel opportunities.

Girls will work on Girl Scout programs with a registered adult advisor. Girls will decide what activities to participate in and which awards they wish to complete. Girl Scout Juliette’s can earn the Journey awards and badges, as well as the Girl Scout Bronze, Silver, and Gold Awards.

What is the cost?
Girl memberships cost $40 annually, and adult memberships cost $25 annually.

How do I register as a member?
Girls and mentors can register online at gscsnj.org. Our Customer Care team can also process payment over the phone. For assistance in completing your Girl Scout membership, please call 856-795-1560.
A Juliette must have an adult advisor in order to participate in the Girl Scout program. Advisors must register as a Girl Scout adult member. They can be a guardian, family member or friend who is willing to help support.

Advisors will:

- Pay annual national membership dues and complete council background check. This membership fee provides insurance coverage for Girl Scout activities.
- Assist girls with program; Journeys and badge work utilizing the VTK (Volunteer Tool Kit).
- Sign or get a signature on the guardian permission slips for events, and make sure any necessary forms (health history, etc.) are turned in.
- Help your girl(s) participate in the Girl Scout Fall Product Program and Cookie program by following safety guidelines and helping her check over orders.

**Advisor Checklist**

- Register as a Girl Scout Member
- Complete council background check
- Take Juliette Advisor Webinar Training
- Review Volunteer Essentials
- Review Safety Activity Checkpoints
- Utilize the VTK (Volunteer Toolkit)
- Attend Service Unit meetings
- Visit the council shop
- Visit our online Event Calendar

**Required Items**
The National Leadership Journeys and The Girl’s Guide to Girl Scouting make up the Girl Scouts Leadership Experience and the National Program Portfolio. Combined with Fall Product and Cookie Programs, travel experience and Girl Scout Highest Awards, the Girl Scout Leadership Experience is designed to help girls everywhere develop as leaders and build confidence by learning new skills. It also ensures that Girl Scouts at every level are sharing a powerful, national experience — girls together changing the world!

Girls can explore any of the age-appropriate Journeys in any order they choose. Each amazing Journey has its own set of awards and step by step plans available online in the VTK (Volunteer Tool Kit). Girls can work with an adult to determine the format of the Journey. They can decide how long they would like the Journey to last, what they would like the Journey to be about, what type of field trips to take and which experts to add. In this way, each Journey can be as personal, intriguing and educational as a girl would like.

In addition to Journeys, there are also badges to help build skills. These badges are outlined in each level’s Girl’s Guide to Girl Scouting and on the VTK. This guide is a colorful easy-to-use binder specially made for girls at each level. It holds a handbook, information on bridging and our highest awards, Girl Scout history, traditions and much more! It also helps girls tie their badges and Journeys together to create an amazing experience!
Girl Scout Levels & Uniforms

The Girl Scout Uniform

The uniform includes a choice of a tunic, vest or sash for displaying official pins and awards, combined with solid white shirts and khaki pants or a skirt. You can find information explaining the uniform and where to place badges and pins in The Girl’s Guide to Girl Scouting or on our website. The Girl Scout uniform is required when representing the Girl Scout movement.

Badges are earned when a girl masters a skill or shows increased knowledge in a particular subject. Badges are earned in every grade and placed on the front of the tunic, vest, or sash. Patches are earned through additional programs or activities outside of earned badges. Patches are placed on the back of the tunic, vest or sash.

To ensure the best experience for each Girl Scout at all ages, programming is divided by grade levels. The Juliette program is available to all girls in grades kindergarten through 12.

Girl Scout **Daisy** – Grades K-1
Girl Scout **Brownie** - Grades 2-3
Girl Scout **Junior** – Grades 4-5
Girl Scout **Cadette** – Grades 6-8
Girl Scouts **Senior** – Grades 9-10
Girl Scout **Ambassador** – Grades 11-12

GSCSNJ Shop Hours:
Tuesday/Thursday/Friday
11:00am – 4:00pm
Wednesday – 11:00am-7:00pm
Saturday - 10:00am – 3:00pm

To Shop Online [Click Here](#)

Council Facebook:
[GSCSNJ Facebook Page](#)
Girl Scouts' highest awards provide Girl Scouts with the opportunity to become more involved in local community issues & learn skills to become proactive leaders. Troops or individuals identify problems in the community & incorporate a sustainable change through a Take Action project.

There are three different levels of Girl Scout Highest Awards:

**Girl Scout Bronze Award – Juniors**
- Girls must be registered Girl Scout Juniors in 4th or 5th grade.
- Girls can work as individuals or as a group with other Girl Scouts.
- The Girl Scout Bronze Award requires 20 hours toward the project for each girl.
- Girls must complete a Junior level Journey.
- The Girl Scout Bronze Award should be a sustainable Take-Action project that helps educate and inspire their community about an important issue.
- Girls should explore their community and learn more about what they can do to identify the root cause of the issues help solve the problem through a Take-Action Project.

**Girl Scout Silver Award – Cadettes**
- Girls must be registered Girl Scout Cadettes in 6th, 7th, or 8th grade.
- Girls can work as individuals or as a small group of 2-4 girls.
- The Girl Scout Silver Award requires 50 hours toward the project for each girl.
- Girls must complete a Cadette level Journey.
- Girls should reach out to leaders in their community and explore the ways they can make an impact on an issue with a Take-Action project.
- Silver Award projects should be sustainable Take-Action Projects that address the root cause of a community issue.

**Girl Scout Gold Award – Seniors and Ambassadors**
- Senior and Ambassador Girl Scouts can start to fulfill the requirements for the Gold Award by completing two Senior or Ambassador Journeys or having earned the Silver Award and completing one Senior or Ambassador Journey.
- Gold Award Girl Scouts interview with the Girl Awards Committee for their proposal. Girls work with their advisor to help them throughout their project.
- When girls decide to pursue the Gold Award, they are on their honor to uphold the standards of excellence. These standards set a high benchmark for everything girls do and invite them to think deeply, explore opportunities, and challenge themselves.
- Girls will spend a minimum of 80 hours identifying an issue, investigating it thoroughly, getting help and building a team, creating a plan, presenting the plan, gathering feedback, taking action, and educating and inspiring others.
- The Girl Scout Gold Award Projects should be fully sustainable and continue addressing the root cause of a global issue after the project is complete.

For full award requirements go to Council website www.gscnsj.org
Product Programs

As a Juliette, you have the opportunity to take advantage of the Fall & Cookie Product Programs. Participation in these programs earns girls credits to use toward council events, programs, camp, shop purchases, and travel. Be on the lookout for more information from GSCSNJ regarding our Product Programs! Juliettes will learn **five valuable skills** that will help them now & in the future – *Goal Setting, Decision Making, Money Management, People Skills, and Business Ethics*

The Fall Nut & Magazine Program is an amazing way for Juliettes to learn and perfect business skills through the fall nut and magazine program.

The Fall Product Program begins in October of every year. Be on the lookout for trainings during August.

To participate in one of our product programs, both advisor & Juliette will need to have an active Girl Scout membership. Advisors are also required to have a current background check on file with GSCSNJ. Lastly, a fall/cookie product program training & permission form will need to be completed.

Launched in 1917, the **Girl Scout Cookie Program** has grown into the world’s leading business, financial, economic education opportunity by and for girls.

The Girl Scout Cookie Program happens just once a year & grosses more than $800 million in sales!

The Cookie Sale runs every January through March.
Juliette Girl Scouts receive their earnings from the entrepreneurial product programs. The earnings are held in the Girl Scouts of Central & Southern NJ Juliette account. These funds will be dispersed upon approval by Council for events, programs, uniform components, and membership.

Juliette funds are to be used for girls to enhance their Girl Scout experience. Prior approval with the Juliette disbursement fund is required for all use of Juliette funds. Girl Scouts of Central & Southern NJ will not reimburse for any expenses or items that are purchased or paid for out of pocket, except items purchased for Bronze, Silver, or Gold Award projects.

Juliette funds are non-transferrable, cannot be cashed out and will expire upon a girl's membership expiring her last year as a registered girl. Refunds will not be issued if Girl Scout does not attend event.

Requests for use of Juliette funds should be submitted through the Juliette Fund Disbursement Request. This is an online form found on website under forms. Allow 3 weeks for processing of funds.

Juliette funds can be used in the following ways:

- Renewing Girl Scout Membership
- Registering for Girl Scout Events (Any Council)
- Registering for Girl Scout Camp (Any Council)
- In the Council Shop
- Service Unit Events
- Girl Scout Destination program

When a Juliette transfers into a troop, GSCSNJ will make a donation on behalf of the Juliette to her new troop. The Juliette will no longer hold a Juliette status. Funds will not be held once a Juliette transfers into a troop.

Girl Scout Destinations

Girl Scout Destinations are the ultimate adventure for individual girls ages 11 and older! With different trips every year all around the world, there's something amazing for everyone. Pack your bags full of life-changing experiences and make friends from all over the country as you travel with Girl Scouts from different states. Whether you're touring space camp in Alabama, taking in a Broadway show in New York City or visiting the birthplace of Girl Scouts' founder, Juliette Gordon Low, in Savannah, Georgia you can gain the experience of a lifetime!

Girl Scout Destinations are available for review at Girl Scouts USA website. Once you find a Destination you are interested in, find out your application deadline & contact information for the Council hosting the Destination. Once your application is submitted, it will then be reviewed & the sponsoring council will contact you with additional information.
Service Units represent a geographic area and are organizational level that provides local programming and support for girls and their adult volunteers. Girl Scouts of Central & Southern NJ service units are led by experienced and trained volunteers. As Juliette girls, they are a member of the Service Unit in the community where they live. It is recommended that Juliette Advisors attend and participate in the monthly service unit leader meetings.

What does a Service Unit Do?

- Service unit team members and troop representatives meet monthly to share ideas, receive training, and talk about important announcements.
- Service units may organize events like:
  - community-wide service projects
  - family events
  - cookie rallies
  - thinking day celebrations
  - award ceremonies
  - Juliette Low celebrations
  - bridging events

Your Juliette Advisor will be part of the Service Unit (SU), this includes:

- Being part of the email list
- Invited to monthly meetings
- Invited to service unit events
- Invited to join the service unit team
Frequently Asked Questions

What do Girl Scout Juliettes do?
Juliettes complete badge and journey work, earn highest awards, go to camp, attend events, and participate in product programs. They do all of this independent of a troop, and with the support of family, friends and service unit teams! Juliettes do not attend troop meetings.

Can a Juliette earn petals, badges, & awards?
Yes! Every Girl’s Guide to Girl Scouting has information on awards that every girl can earn. When you earn an award, a guardian or other adult mentor may purchase it at the council shop.

How do Juliettes learn about programs?
In addition to the program guide filled with upcoming programs, Juliettes can visit our website, gscsnj.org, to view events for the appropriate age level. Utilize the VTK (Volunteer Tool Kit) for new badge information and ideas. A Juliette’s advisor can attend the service unit meeting to learn about service unit events and council updates.

Can Juliettes participate in the Girl Scout product programs?
Yes! With the support of her guardian or other adult advisor, a Juliette can participate in the fall product program and the cookie product program! We have special trainings for Juliette families to learn all about how to participate in these programs. Contact your service unit for more details.

Do Juliettes wear a Girl Scout uniform?
Juliettes purchase uniform components at the council shop. They can use their service unit number to place on their vest in lieu of a troop number or the Juliette patch. Call customer care 856-795-1560 for your Service Unit number!

Who advises the girl?
The Juliette advisor, a family member or trusted adult, can advise a Juliette. The advisor must become an adult member of the Girl Scouts and complete a background check.

Should I, as a guardian, become a registered member?
Yes, many events and programs require an adult chaperone who is a registered member with a valid background checks.

What role as an adult should I select when I become a member?
You will register as a Juliette advisor; this will allow us to run a background check.

During registration as an adult, they ask for a troop number?
Yes, you will use the number SUXXXXJuliettes, the XXX are the service unit your Juliette lives in (the same troop number as your Juliette).
Frequently Asked Questions

Can I use Juliette funds for activities outside of Girl Scouting?
Juliette funds can only be used within Girl Scouting locally and nationwide.

Can a Juliette use her funds earned on whatever she would like to do with it?
Funds earned by a Juliette must be expended on Girl Scout programs, Girl Scout sponsored destinations, council-sponsored events, service unit events, and in-store purchases at GSCSNJ retail shops. Funds may never be used for the girl's personal gain.

What if an event is full or sold out at council before we have time to register?
Council events tend to sell out quickly, GSCSNJ will do its best to assist a Juliette.

What if the girl decides not to be a Girl Scout anymore?
Funds earned by a Juliette never become the property of the girl. Funds must be handled by GSCSNJ and will stay in the fund for other Juliettes use.

Can Juliettes occasionally get together to go camping, horseback riding etc. along with their advisors?
Yes. A Juliette can participate in events with other Juliettes and approved Girl Scout advisors.

How will Service Units know they have Juliettes?
Juliettes are registered through their Service Unit and appear on the Service Unit roster.

Can Juliette funds be used to register an adult for membership or program? Program credits are for girl use only within Girl Scouting.

How can a Juliette submit a request to use credits?
Juliettes can submit a request for Juliette funds through the Juliette Fund Disbursement Request Form. It can be found on our website under “Forms.”

What happens to my Juliette funds if I move into a troop?
GSCSNJ will make an appropriate donation to the troop receiving the Juliette and remove the girl from Juliette status.

Can my Girl Scout participate in the product program as a Juliette and be part of a troop?
No, Juliette is for individual girls participating in Girl Scouts at their own pace. Girls can only participate in a troop or be a Juliette, not both.
Awards - The umbrella term for U.S. Girl Scout earned grade-level awards, religious and other awards, emblems, and participation patches and pins. Girls wear all insignia, except participation patches and pins, on the front of their Girl Scout uniform.

Bridging ceremony - A service unit ceremony that celebrates the transition from one program level in Girl Scouting to the next.

Camporee - A service unit planned campout for troops and Juliettes in their specific service unit.

Court of Awards - A service unit ceremony where girls receive awards for their achievements.

Destinations - Girl Scout activities that fall into one of five different categories—international, outdoor, science, people, or getaways. All Destinations events provide an opportunity for individual members to broaden their perspectives and give Girl Scouting an enhanced visibility.

Extended Travel - A trip lasting more than three nights (may require a health examination as well as a health history, local Girl Scout council approval, and additional insurance coverage).

Founder's Day - Juliette Gordon Low's Birthday, October 31

Friendship circle - A circle formed by Girl Scouts standing and clasping hands (before they reach for each other's hands, girls cross their right hand over their left). The circle represents the unbroken chain of friendship among Girl Scouts and Girl Guides all over the world.

Girl's Guide to Girl Scouting - A binder divided into three sections: handbook, badge and my Girl Scouts. One designed for every age level.

Girl Scout Birthday - The official birthday of Girl Scouting, March 12, celebrated during Girl Scout Week, marks the first meeting of a Girl Scout troop held in 1912.

Girl Scout council - One of Girl Scouts of the USA's local affiliates, with authority over Girl Scouting in a specific section of the country. Or, the council jurisdiction and membership, including all girls and adults the council has registered and its corporate body, nominating committee, and board members, committees and task groups, as well as its employed staff.

Girl Scout handshake - A formal way of greeting other Girl Scouts and Girl Guides. You shake hands with the left hand and give the Girl Scout sign with your right hand.

Girl Scout Law - Along with the Girl Scout Promise, the Girl Scout Law is the credo of Girl Scouting. A girl lives the 10 parts of the Girl Scout Law to fulfill the Girl Scout Promise.

Girl Scout Promise - Along with the Girl Scout Law, is the credo of Girl Scouting; the pledge that binds members together as part of the Girl Scout Movement. A girl must make the Promise to become a Girl Scout member.

Girl Scout Sabbath/Sunday - The Saturday or Sunday in Girl Scout Week. A time for members to be recognized in their place of worship or to recognize the place of worship as a sponsor of a troop/group. Also an appropriate time for religious recognitions to be awarded to Girl Scouts exploring their own faith.
**Girl Scout Glossary**

**Girl Scout sign** - Made by raising three fingers of the right hand. This sign stands for the three parts of the Promise. You give the sign when:

**Girl Scout Trefoil** - "Trefoil" means three leaves. Each leaf in the traditional or contemporary Girl Scout trefoil stands for a part of the Girl Scout Promise.

**Girl Scout Week** - The week containing March 12, the Girl Scout birthday, the anniversary of the first Girl Scout troop meeting in the United States in 1912. This observance is celebrated each year, starting with the Sunday on or preceding the 12th.

**Investiture** - A special ceremony in which a new member makes her Girl Scout Promise and receives her membership pin.

**Juliette Gordon Low** - The founder of the Girl Scout Movement. Also known as Daisy.

**Juliette Low World Friendship Fund** - A Girl Scouts of the USA-operated fund that supports educational programs, service projects, training, and international travel to foster friendship among girls from the 144 countries of the World Association of Girl Guides and Girl Scouts.

**Lifetime membership** - Granted to any person 18 years of age or older or a high school graduate or the equivalent who has paid for lifetime membership dues.

**Program Aide (PA)** - A girl who works directly with a troop/group under the supervision of an adult volunteer. The Program Aide is required to attend training sessions where she gains expertise in a particular field of interest, such as science, computers or song leading.

**Rededication ceremony** - A reaffirmation of a Girl Scout member's belief in the Girl Scout Promise and Law.

**Resident camp** - A Local Girl Scout council-sponsored camp where girls attend for a week or more and stay overnight. They live in units and plan programs with a staff of trained counselors.

**Safety Activity Checkpoints** - Available on the council website at gscsnj.org containing Girl Scout program standards and guidelines that provide for the health and safety of all girls.

**Service Unit** - A name given to a specific geographic area and the Girl Scouts within it—all leaders, troops/groups, and girls there. A service unit also includes individuals who give troop support.

**Service Unit Team** - A team of adults that facilitates service to girls through its volunteers in a geographic area.

**SWAPS** - Special Whatchamacallits Affectionately Pinned Somewhere

**World Association of Girl Guides and Girl Scouts (WAGGGS)** - An association of Girl Scout and Girl Guide national organizations around the world. WAGGGS serves approximately eight million Girl Scouts and Girl Guides in 144 countries. Our four world centers are located in Mexico, England, India and Switzerland.

**World Thinking Day** - February 22, Girl Guides and Girl Scouts all over the world use the day to think of each other and exchange greetings, learn about other countries.
The Girl Scout Mission

Girl Scouting builds girls of courage, confidence and character, who make the world of a better place.

The Girl Scout Promise

On my honor, I will try:
To serve God* and my country,
To help people at all time,
And to live by the Girl Scout Law.

*Members may substitute for the word God in accordance with their own spiritual beliefs.

The Girl Scout Law

I will do my best to be
Honest and fair,
Friendly and helpful,
Considerate and caring,
Courageous and strong,
And responsible for
What I say and do. And to,
Respect myself and others,
Respect authority, use resources wisely, make the world a better place,
And be a sister to every Girl Scout.