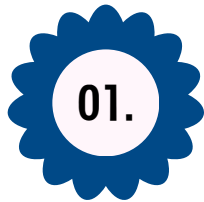


QUILTING CONNECTIONS - CADETTE LEVEL

GSCSNJ PATCH PROGRAM

Purpose: To introduce Girl Scouts to the art of quilting by exploring quilting techniques, fabric selection, design, and construction. Scouts will develop sewing skills while creating a quilted project and discovering the history, traditions, and connections that quilting has created across generations and communities.

To earn this Patch, complete 6 activities. The starred activity is required.



 Learn the basic parts of a quilt, including the quilt top, batting, backing, binding, borders, labels, and seam allowance. Discover how these layers work together to create a finished quilt.



Explore quilting fabrics and tools. Learn about cotton fabrics, fat quarters, rotary cutters, cutting mats, quilting rulers, pins, and sewing tools. Practice using quilting tools safely with adult supervision.



Discover how color affects quilt design. Learn about the color wheel and experiment with choosing fabrics that create contrast, harmony, or different visual effects.



Explore traditional quilt blocks such as Nine Patch, Flying Geese, Log Cabin, Pinwheel, Sawtooth Star, or another classic design. Learn how changing the arrangement of blocks creates different quilt patterns.



Practice quilting techniques. Learn the difference between pressing and ironing, discover how fabric is prepared before sewing, and practice accurate cutting and sewing techniques.

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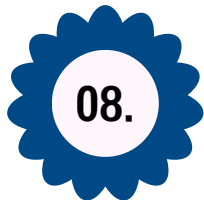
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Learn about quilting methods such as tying, stitch-in-the-ditch, free-motion quilting, stippling, or hand quilting. Compare several techniques and discover when each is used.



Create your own quilted project. Ideas include a pillow, tote bag, table runner, placemat, wall hanging, potholder, or small lap quilt.



Visit a quilt shop, quilt guild, quilt museum, quilt exhibit, or quilt show. Discover different quilting styles and identify your favorite quilt design.



Research the history of quilting. Learn how quilts have been used throughout history for warmth, storytelling, celebrations, and community traditions.



Share your completed project with your troop or family. Explain what you learned about quilting and the skills you used to create your project.

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Reflection: Reflect on your quilting experience. Which quilting skill was the most challenging to learn? What design choices did you make, and how did they make your project unique? How has quilting helped you appreciate the creativity and craftsmanship involved in making quilts?



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An associate will call to confirm shipping details & take payment over the phone.