

INCHWORM OF SERVICE - ALL LEVELS

GSCSNJ PATCH PROGRAM

Purpose: To recognize Girl Scouts who make a positive difference through meaningful service to others. The Inchworm of Service Program encourages girls to live the Girl Scout Promise by giving their time, talents, and energy to help their troop, community, and organizations in need.

To earn this Patch:

Daisies must complete 5 service hours

Brownies must complete 10 service hours

Juniors must complete 20 service hours

Cadettes/Seniors/Ambassadors must complete 30 service hours

WHAT COUNTS AS SERVICE?

YES ✓

- Helping at a food pantry or community meal
- Cleaning parks, trails, beaches, or community spaces
- Making cards, care packages, or comfort items for others
- Collecting and organizing donations for community organizations
- Volunteering at community events
- Helping at animal shelters or nature centers
- Creating educational displays or awareness campaigns
- Assisting younger Girl Scouts at events or programs
- Planting flowers, trees, or maintaining community gardens
- Other troop-approved service projects that benefit the community

NO ✗

- Paid jobs or volunteer work completed for pay
- Regular household chores or helping your own family
- Activities completed independently that are not connected to a Girl Scout project
- Fundraising or soliciting money for non-Girl Scout organizations
- Selling products or participating in product sales
- Service completed only to earn school credit without Girl Scout participation
- Activities that primarily benefit yourself

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SERVICE HOUR REQUIREMENTS

Girl Scout Level	Hours Required
Daisy	5 Hours
Brownie	10 Hours
Junior	20 Hours
Cadette	30 Hours
Senior	30 Hours
Ambassador	30 Hours

Girls may earn the Inchworm Patch once and then earn the appropriate rocker for each Girl Scout level completed.

If a Girl Scout does not finish the required hours before bridging, previously earned hours may be carried into the next program level until the new level's hour requirement has been met.

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KEEP TRACK OF YOUR SERVICE

Service Activity	Organization/ Group Helped	Date of Service	Time Spent Volunteering
Total Service Hours			

Remember: Service should make a positive difference for others. When planning a project, ask yourself: Who will benefit from our work, and how will it help our community?

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Reflection: Reflect on your service experience. What service project meant the most to you, who benefited from your work, and what did you learn about your community? How did your service make a difference, and what is one way you would like to continue helping others in the future?



To order patches and rockers please email the following email to CHshop@gscsnj.org

Name & Contact Information

Shipping Address

Quantity Request (\$3.00 per patch)

An associate will call to confirm shipping details & take payment over the phone.