

HOT STUFF - D/B/J LEVEL

GSCSNJ PATCH PROGRAM

Purpose: To introduce Girl Scouts to fire safety, the history of women firefighters, emergency preparedness, and careers in the fire service while encouraging practical safety skills and community awareness.

To earn this Patch complete the following number of activities, including the starred activity that is required:

Daisies must complete 2 activities
Brownies must complete 4 activities
Juniors must complete 6 activities



Research the history of women firefighters and learn about the important role they play today. Discover how firefighting has changed for women over time and discuss some of the challenges women firefighters have overcome.



Visit a fire station or invite a firefighter— a female firefighter if possible—to your meeting. Find out what firefighters do, learn about their equipment, gear, and ask about careers in the fire service



Learn what to do if you or someone else catches fire. Practice the principles of Stop, Drop, and Roll with your troop and discuss when this technique should be used.



Learn basic first aid for burns. Practice applying a clean or sterile dressing to protect a burn until medical help is available, and discuss when to seek emergency care.



Create a family fire plan. Draw a map of your home showing at least two exits from every room if possible, choose a safe family meeting place outside, and practice your plan with your family.

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Learn about wildfires. Discuss how campers and hikers can help prevent forest fires. Create a poster, drawing, or collage showing safe campfire practices and ways to prevent wildfires.



Research the education, training, and physical requirements needed to become a firefighter. Share what you discover with your troop.



Complete a community service project supporting firefighters or burn survivors. Visit a retired firefighters' home, make cards or crafts for residents, or work with a local hospital, fire department, or community organization to support burn patients or fire safety efforts.

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Reflection: What did you learn about fire safety and firefighters? What new skills or knowledge did you gain, and how will you use them to help keep yourself, your family, and your community safe?



To order patches please email the following email to CHshop@gscsnj.org

Name & Contact Information

Shipping Address

Quantity Request (\$3.00 per patch)

An associate will call to confirm shipping details & take payment over the phone.